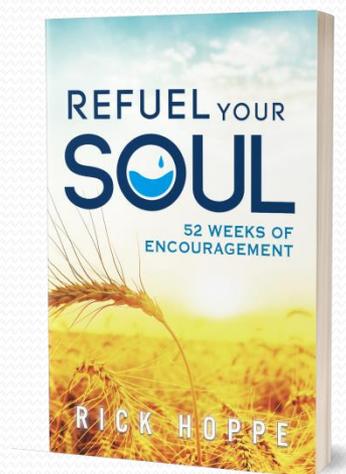




WELCOME

Visit Rick Hoppe via Social Media @

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- 4. Enjoy Refuel Your Soul



- 
- **The Christian's Olympic Race**
 - **Hebrews 12:1-3**
 - **Faith Community Bible Church**
 - **Jan. 28, 2018**

1. Look back to the past (v. 1)



4 destructive steps of fear

-
- **FOCUSED ONLY ON THE PROBLEM**
- *"A champion named Goliath, who was from Gath, came out of the Philistine camp. He was over nine feet tall. He had a bronze helmet on his head and wore a coat of scale armor of bronze weighing five thousand shekels; on his legs he wore bronze greaves, and a bronze javelin was slung on his back. His spear shaft was like a weaver's rod, and its iron point weighed six hundred shekels... Goliath stood and shouted to the ranks of Israel, 'Why do you come out and line up for battle? Am I not a Philistine, and are you not the servants of Saul? Choose a man and have him come down to me. If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us.' Then the Philistine said, 'This day I defy the ranks of Israel! Give me a man and let us fight each other.'" 1 SAMUEL 17:4-10*

4 destructive steps of fear

EXPECTED TO BE DEFEATED

"On hearing the Philistine's words, Saul and all the Israelites were dismayed and terrified." 1 SAMUEL 17:11

4 destructive steps of fear

ATTITUDE OF SELF-PROTECTION

*"As he was talking with them, Goliath, the Philistine champion from Gath, stepped out from his lines and shouted his usual defiance, and David heard it. When the Israelites saw the man, they all ran from him **in great fear.**"*

1 SAMUEL 17:23-24

4 destructive steps of fear

RAN FROM THE PROBLEM

"When the Israelites saw the man, they all ran from him in great fear." 1 SAMUEL 17:24

4 destructive steps of fear

Focused on the problem

Expected to be defeated

Attitude of self-protection

Ran from the problem

2. Run your race (v. 1)



What does your life depend on:

- I am...what I do (**position**)
- I am ...what people say about me (**popularity** - the problem with Saul)
- I am...what I have (**possessions**)
- I am... what I look like (**persona**)
- I am...loved

3. Look to Jesus (vv. 2-3)



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