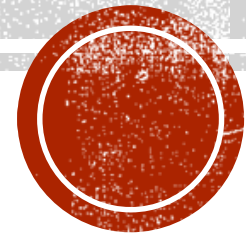


“REDEEMING THE TIME”

1 Timothy 4:6-11



I. REDEEMING THE TIME FOR GODLINESS REQUIRES MOTIVATION



I. REDEEMING THE TIME FOR GODLINESS REQUIRES MOTIVATION

A. Eternity should motivate us



I. REDEEMING THE TIME FOR GODLINESS REQUIRES MOTIVATION

- A. Eternity should motivate us**
- B. The living God should motivate us**



I. REDEEMING THE TIME FOR GODLINESS REQUIRES MOTIVATION

- A. Eternity should motivate us**
- B. The living God should motivate us**
- C. Salvation should motivate us**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

A. What is spiritual exercise?



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. Exercise is an ongoing process**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. Exercise is an ongoing process**
- 2. Exercise involves hard work**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. Exercise is an ongoing process**
- 2. Exercise involves hard work**
- 3. Exercise requires removing hindrances**



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- 1. Exercise is an ongoing process**
- 2. Exercise involves hard work**
- 3. Exercise requires removing hindrances**
- 4. Exercise requires focusing on the goal**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. Exercise is an ongoing process**
- 2. Exercise involves hard work**
- 3. Exercise requires removing hindrances**
- 4. Exercise requires focusing on the goal**
- 5. Exercise requires managing your time**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. Exercise is an ongoing process**
- 2. Exercise involves hard work**
- 3. Exercise requires removing hindrances**
- 4. Exercise requires focusing on the goal**
- 5. Exercise requires managing your time**
- 6. Exercise requires pacing yourself**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

B. What does spiritual exercise look like in your life?



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. When you're nourished by the words of
faith**



II. REDEEMING THE TIME FOR GODLINESS REQUIRES EXERCISE

- 1. When you're nourished by the words of faith**
- 2. When you're obedient to the words of faith**



PRACTICAL APPLICATION



PRACTICAL APPLICATION

A. Develop a one-sentence purpose statement for your life



PRACTICAL APPLICATION

- A. Develop a one-sentence purpose statement for your life**
- B. Develop a regular daily time in the Word and prayer**



PRACTICAL APPLICATION

- A. Develop a one-sentence purpose statement for your life**
- B. Develop a regular daily time in the Word and prayer**
- C. Develop godly character qualities**



PRACTICAL APPLICATION

- A. Develop a one-sentence purpose statement for your life**
- B. Develop a regular daily time in the Word and prayer**
- C. Develop godly character qualities**
- D. Develop a habit of reading solid Christian books**



PRACTICAL APPLICATION

E. Get into a LIFE Group



PRACTICAL APPLICATION

E. Get into a LIFE Group

F. Use your gifts for service



“REDEEMING THE TIME”

1 Timothy 4:6-11

